

A Rich Past A Rich

Future

BATHURST PUBLIC SCHOOL



Phone: 02 6331 3923 Fax: 02 6332 2305 George St Bathurst 2795

10 <u>Day Intensive Swimming Program</u> – <u>Term 4 Monday 28th November – 2nd December and 7th December – 13th December</u>

Dear Parents,

An intensive 10-day swimming program will be run by Bathurst Swim Academy, Cityfit in Term 4 from Monday 28th November - 2nd December and 7th December - 13th December This program will be open to <u>all</u> children from Kindergarten to Year 6.

The children will be taught by qualified Swimming Instructors employed by Bathurst Swim Academy. Sessions will be 45 minutes long and will run everyday for 10 days between 9.15a.m. and 2.00pm. Children will be accompanied to and from the pool by school staff.

Over the 10-day program, the children will be placed in ability-based groups being Beginner, Intermediate and Advanced group.

The cost will be \$120.00 for the 10-day program which includes entry to the pool, bus travel, professional instruction for the children and a detailed assessment at the completion of the 10 day program.

Attached to this note is a permission note, learn to swim criteria, registration form and medical note. Please complete all notes and return them with the correct money or deposit of \$20 in an envelope clearly labelled with your child's name, class and swimming program to the front office at school. Parents will be requested to complete a Medical Information note closer to the start of the program.

This year, Bathurst Swim Academy can offer parents the opportunity to use the Active Kids Voucher. If you would like to take the opportunity to use the voucher and your child is eligible to do so for this activity (which parents will need to apply for online through Service NSW), please return a \$20 deposit and tick the box expressing an interest to use the Active Kids Voucher. Return all notes to school and we will contact you with further information. For Kindergarten students only, The First Lap Voucher will also be accepted. These vouchers can be accessed through Service NSW

<u>The final day money and notes will be Friday 28th October 2022</u>. Parents will be informed of the time their child has been allocated for the swimming program in the following week.

Please note that no refund for the Swimming Program will be available after Friday 28th October 2022.

If parents have any further questions regarding this Intensive Swimming Program, please do not hesitate to contact Mrs Mitchell or Mrs White at school.

Regards

Vate White

Kate White Principal 02.05.22

Permission Note – Swimming Program Term 4 2022

			m to be held at Bathur 13 th December 2022	in class st Swim Academy Mond	ay 28 th
			2 1	vised by Bathurst Public Bathurst Swim Acaden	
I have complet	ed the Registra	ation Form and Ass	sessment Criteria attac	hed and included;	
the full pa	ayment for the	10-day swimming	program being \$120.0	00	
a deposit 28th October 2		l pay regular instal	ments off the amount	owing (F <u>inal payment w</u>	<u>ill be Friday</u>
responsibility t am aware that	to register and if my child is 1 1001 prior to Fr	claim the voucher not eligible or has a	online at Services NSV Iready used the vouch	derstand that it will be m W before Friday 14 th Oct er, I will need to pay the <i>e voucher and return w</i>	tober 2022. I e additional
I understand th commencemen		juired to update the	e medical form closer	to the swimming school	program
Signed					
Date					
		PAYMENT SWIMM	MING PROGRAM TE	RM 4 2022	
STUDENT NA	ME:			CLASS:	
\$120	FULL PAY	AENT 10 DAY S	WIMMING PROGR	AM	
\$20	ACTIVE KI	DS VOUCHER			
Online Payment Receipt No: Schools' Prefer			d Method of Payment	_ Date Paid: is Online	

Bathurst Public School – Assessment Criteria

□ Beginner level

- Enter and exits water safely and confidently
- Can paddle and kick with face submerged
- Can float independently on their back
- Can swim using 'big circle' arms
- Can kick on their back with the use of a board
- Can kick on back independently (no board)
- □ Intermediate level
 - Can swim up to 10 metres freestyle (may need improvement)
 - Can swim up to 10 metres backstroke (may need improvement)
 - Can tread water for 30 seconds
 - Can do basic breaststroke kick motion (may need improvement)
 - Can float on their back independently for 30 seconds
- □ Advanced level
 - Can swim 25 metres of freestyle
 - Can swim 25 metres of backstroke
 - Can perform a standing dive from side of pool
 - Can swim 25 metres of breaststroke
 - Can perform dolphin kick

SWIM SCHOOL REGISTRATION FORM

Parent/Guardian (*Mandatory)	n Details	Is your child an existing Cityfit Swim School member?	please tick)	Existing
*First Name		*Surname		
*Postal Address			*D.O.B	/ /
*Suburb			*P/Code	
*Email		Secondary Email		
*Mobile		Phone- Home		
*Emergency Name		*Phone - Emergency		

STUDENT DETAILS

	Name	Gender	D.O.B.	. LEVEL (please circle)
Student 1		M / F	/ /	Beginner Intermediate Advanced
Student 2		M / F	/ /	Beginner Intermediate Advanced
Student 3		M / F	/ /	Beginner Intermediate Advanced
Student 4		M / F	/ /	Beginner Intermediate Advanced

HEALTH SCREEN

Please read carefully and circle applicable answer	Student 1	Student 2	Student 3	Student 4
1. Heart Condition	Y/N	Y/N	Y/N	Y/N
2. Asthma or breathing difficulties?	Y/N	Y/N	Y/N	Y/N
3. Epilepsy or seizures?	Y/N	Y/N	Y/N	Y/N
4. Diabetes (Type 1 or Type 2)?	Y/N	Y/N	Y/N	Y/N
5. In the last 12 months has your child had any muscular, joint or bone problems/ injuries while exercising or swimming? If yes, please give details below.	Y/N	Y/N	Y/N	Y/N
6. Has your child had surgery or been hospitalised in the last 12 months? If yes, please give details below.	Y/N	Y/N	Y/N	Y/N
7. Any other condition/s not mentioned above?	Y/N Y/N	Y/N Y/N	Y/N Y/N	Y/N Y/N

Notes:

Please see over for signature and privacy statement

INFORMED CONSENT				
I understand and have answered the Health information given is correct and accurate.	Screen questions to the best of my ability, and the			
Parent Signature	Date/			
PRIVACY STATEMENT : The information on this form will not be shared with or provided to anyone other than Cityfit staff for use in the conduct of their job.				